

लोक सेवा आयोग

नेपाल स्वास्थ्य सेवा, जनरल नर्सिङ्ग समूह,
पाँचौ तह (प्राविधिक) पदको प्रतियोगितात्मक लिखित परीक्षा

२०६२/२१९०

Key (D)

समय :- ४५ मिनेट

पूर्णाङ्क :- १००

विषय:- सेवा सम्बन्धी ।

बस्तुगत बहुउत्तर (५०×२ अङ्क):

उत्तरपुस्तिकामा प्रश्नपत्रको Key अनिवार्य रूपले उल्लेख गर्नुपर्नेछ । उल्लेख नगरेमा उत्तरपुस्तिका रद्द हुनेछ । साथै परीक्षामा Calculator, Mobile प्रयोग गर्न पाइने छैन ।

1. In human body, the number of spinal nerves is
(A) 12 pairs (B) 31 pairs (C) 13 pairs (D) 30 pairs
2. Educational field trip provides
(A) direct contact with a life situation (B) improvement of student's J.P.X.
(C) mas health education (D) practice of health education activating
3. Unit planning refer to
(A) planning of a series of comprehensive interrelated teaching learning activities
(B) planning of learning materials
(C) planing of learning experiences
(D) planning of a lesson
4. Paralysis means
(A) inability to move (B) loss of sensation (C) loss of blood (D) loss of appetite
5. According to nursing process what do you do first during the plan of nursing care?
(A) Set the goal and objective (B) Assess the problem of patient
(C) Priotise the problem for care (D) Evaluation of the provided care
6. In which condition of the patient the hot application should not be applied?
(A) Patient with rigor (B) patient with paralysis
(C) patient with high fever (D) patient with chill and cold
7. Mornic sickness is one of minar disorder during pregnancy usually appears in
(A) first trimester (B) second trimester
(C) third trimester (D) throughout the period of pregnancy
8. Main source of HIV/AIDS transmission from mother to her child is
(A) during pregnancy, child birth and breast feeding (B) only breast feeding
(C) mother's immunization (D) only during pregnancy
9. How many staff nurses are provided in primary health care centre as per existing organogram of PHCC?
(A) only one (B) only two (C) only three (D) no staff nurse are appointed
10. A radiographic technique used to detect breast cyst or tumor is called
(A) mammography (B) cholangiography (C) cholecystography (D) encephalography

11. According to epidemiological triad social agent means
 (A) poverty, smoking, alcohol and drug abuse
 (B) exposure to excessive heat, cold and humidity
 (C) chemicals produced with in the human body
 (D) None of the above
12. A lady came to family planning clinic and ask for right devices of family planning, what do you do?
 (A) council her for informed voluntary choice (B) motivate her to choice oral pill
 (C) make her choice as available in the clinic (D) None of the above
13. During a bath, the nurse observes that a client has dry skin, the nurses best action is to
 (A) massage fluid intake (B) discourage fluid intake
 (C) bath the client more frequently (D) use an emollient on the dry skin
14. The most common types of worm infestation in Nepal is
 (A) tape worm (B) hook worm (C) whip worm (D) round worm
15. Which of the following method is not followed while doing physical examination?
 (A) Measurement (B) Testing (C) Auscultation (D) Smelling
16. What instruction should be given to the patient suffering from urinary tract infection?
 (A) Avoid fatty diet (B) Avoid excessive drinking of fluid
 (C) Drink excessive fluid water (D) Take sitz bath
17. Which one of the following finding is most suggestive of serious head injury?
 (A) Victim has severe headache (B) Victim is disoriented
 (C) Victim has serious drainage from his ears (D) Victim is holding head with his hands
18. How many breaths per minute are administered to an adult, when performing CPR?
 (A) 8 per minute (B) 10 per minute (C) 12 per minute (D) 14 per minute
19. After delivery, which activity is the immediate care of the newborn?
 (A) Clean the airway and help to establish respiration (B) Physical examination of the baby
 (C) Tie the cord and cord care (D) Give bath to the baby
20. When caring for a client who is HIV positive, it is most important for the nurse to explain how to prevent?
 (A) AIDS (B) Kaposi sarcoma (C) Social isolation (D) Other infections
21. Developmental milestones achieved in 12 months is
 (A) runs well, one or four word phrases (B) walks with support, one to two words with meaning
 (C) crawling (D) jumps with both feet
22. Adolescence is
 (A) age 14-15 years (B) age 10-19 years (C) age 15-18 years (D) age 15-25 years
23. A patient strongly says and believes firmly that he is Lord Shiva, this symptom is called
 (A) delusion (B) illusion (C) hallucination (D) perception
24. Which is a demotivator?
 (A) Communication and education (B) Participation and involvement
 (C) Creating good working condition (D) Unclear job description
25. Female community health volunteer is selected by the
 (A) MCHW (B) Gaunpalika chairman
 (C) village health worker (D) member of mother group for health
26. When was EPI (Expanded programe on Immunization) lunched by W.H.O.?
 (A) 1985 (B) 1979 (C) 1980 (D) 1988

27. Oxygen is administered to the patient to manage of
 (A) halitosis (B) irritation to respiratory passess
 (C) dehydration (D) respiratory problems and oxygen level
28. How many types of contraceptives available in Nepal?
 (A) Injection depo-provera (B) Oral contraception (oral pill)
 (C) condoms (D) Norplant, injection depoprovera, oral pills, condom, IUCD
29. Which container you must select to send urine culture test (CLS) in pathology?
 (A) An ordinary bottle is appropriate
 (B) Must be sterilized container available in pathology
 (C) Container with presence of regimen
 (D) A specially prepared container
30. Formation of primary ovary in female foetus takes place by
 (A) 6th week (B) 8th week (C) 10th week (D) 12th week
31. Average normal counts of White Blood Cells (WBC) in adult blood is
 (A) 2000-8000/cumm (B) 3000-10000/cumm (C) 4000-11000/cumm (D) 5000-12000/cumm
32. Why there may be alteration of personality and inability in decision among old age group?
 (A) Decreased blood supply to brain and loss of brain cells
 (B) Loss of muscle mass and tone flexibility
 (C) Diminished sense of taste smell and decrease appetite
 (D) Change in temperature of skin and inability to feel touch and pain
33. The nursing priority after the client has a diagnostic test is
 (A) the client's comfort (B) collecting base line data
 (C) documentation of the test (D) feeding of the patient
34. Some of the water born disease are
 (A) diarrhoea, dysentery, jaundice (B) typhoid, jaundice, HIV
 (C) warm infestation and malaria (D) stroke and Japanese encephalitis
35. In emergency situation what type of leadership style will be effective to use
 (A) democratic (B) autocratic (C) hassesfare (D) democratic and autocratic
36. Why explanation of immunization schedule is important to a mother having baby?
 (A) Preparation and administration of vaccine (B) To prevent six killer disease
 (C) Handing baby with warmth (D) Maintain cold chain
37. Which time period is important for postnatal care?
 (A) Birth to 28 days of delivery is need to care for baby and mother
 (B) 45 days of postnatal mother and baby
 (C) 3 month after delivery
 (D) One an half month of delivery
38. Management of high risk mother in the community is to
 (A) advice mother for regular antenatal check-up/visit according to gyanologist and follow advice by physician
 (B) take to food
 (C) not to followed regular
 (D) need to consult health personnel
39. Which of the following disappear in umbilical cord?
 (A) Left artery (B) Left vein (C) Right artery (D) Right vein
40. All are characteristics of a mentally healthy person except
 (A) has self respect (B) unable to accept his shortcomings
 (C) able to like and trust others (D) able to meet the demands of life

Contd...

D- 4 जनरल नर्सिङ्ग

41. The physiological time for spontaneous membrane rupture occurs at
(A) end of first stage of labour after fully dilatation of cervix
(B) starting of first stage of labour
(C) starting the cervix dilation
(D) before labour pain started
42. The total amount of gastric juice secreted by the stomach in normal man in one day is
(A) 1.5 litres (B) 2.5 litres (C) 3.3 litres (D) 5 litres
43. Drugs are detoxified by
(A) brain (B) intestine (C) liver (D) kidney
44. Richest plant source of protein is
(A) soyabean (B) gram (C) rice (D) bean
45. Highest milk fat is present in the milk of
(A) goat (B) cow (C) human (mother) (D) buffallo
46. What are the common cause of infertility in male person?
(A) STIs and tuberculosis (B) Congenital abnormalities
(C) Hormonal disorder (D) All of the above
47. How many antenatal visit is required in whole pregnancy cycle?
(A) Two time (B) Three time (C) As required (D) Four visit
48. After the ovulation, the ovum remains alive for
(A) 10 hours (B) 16 hours (C) 24 hours (D) 48 hours
49. Antenatal care means
(A) care given to mother after child birth (B) care given to mother during child birth
(C) care given to mother before child birth (D) test done before pregnancy
50. Every eligible woman should get doses of T/T vaccine in her life
(A) 2 times (B) 4 times (C) 5 times (D) 7 times

«« The End »»

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